

**SWISS MASTERS CHAMPIONSHIP 2026  
 26<sup>th</sup> INTERNATIONAL MASTERS MEETING  
 CITY OF BELLINZONA  
 EMA MEETING MASTERS CIRCUIT – Edition 2**

**Bellinzona, Stadio Comunale – Saturday, 12<sup>th</sup> September 2026**

**CATEGORIES:**

Only for Swiss Athletics athletes and only for competitions valid for the Swiss Masters Championships: <b>Men M30</b> <b>Women W30</b>
For EMA Master Circuit meetings and competitions valid for the Swiss Master Championship: NB: the change of category takes place upon reaching full age from 12 September 2026 onwards. <b>Men M35, M40, M45, M50, M55, M60, M65, M70, M75, M80, M85</b> <b>Women W35, W40, W45, W50, W55, W60, W65, W70, W75, W80, W85</b>

**COMPETITION SCHEDULE (competitions start at 10.00 a.m.):**

MEN		WOMEN	
High jump	100 m	High jump	100 m
Pole vault*	200 m	Pole vault*	200 m
Long jump	400 m*	Long jump	400 m*
Triple jump	800 m*	Triple jump	800 m*
Shot put	1500 m*	Shot put	1500 m*
Discus throw	5000 m*	Discus throw	5000 m*
Javelin throw	80/100/110 m hurdles	Javelin throw	80/100 m hurdles
	300/400 m hurdles*		300/400 m hurdles*
	5000 m marching*		5000 m marching*

\*Competitions valid for the Swiss Masters Championship

**REGISTRATION:**

until Thursday 3rd September 2026 only through the **Meeting Master** Website on following link  
<https://sab-bellinzona.ch/meeting-master>

**REGISTRATION FEES:**

Fr. 15.00 (€ 15.00) per discipline, Fr. 12.00 (€ 12.00) from the 2<sup>nd</sup> discipline onwards.  
 Payment directly on-site upon collection of the race bib.

**CEREMONIES:**

First three of each discipline in all categories

**INFORMATIONS:**

Fedele Borradori (Italiano)	+41 (0)76 443 57 22
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More details can be found at <https://sab-bellinzona.ch>

## TIMETABLE:

MEN			WOMEN	
SHOT P. M35-M45 JAVELIN M70-M85	5000 m MARCHING*	<b>10.00</b>	5000 m MARCHING*	DISCUS W35-W50
	80 m hurdles	<b>11.00</b>		TRIPLE JUMP
		<b>11.10</b>	80 m hurdles	
SHOT P. M50-M55 JAVELIN M60-M65 HIGH J. M40-M50		<b>11.30</b>		DISCUS W55-W85
	100 m hurdles	<b>11.35</b>		
		<b>11.45</b>	100 m hurdles	
	110 m hurdles	<b>11.55</b>		
		<b>12.20</b>	100 m	
	100 M	<b>12.40</b>	100 m	
		<b>12.45</b>		LONG JUMP
SHOT P. M60-M65 DISCUS M35-M45		<b>13.00</b>		JAVELIN W35-W50
HIGH J. M35-M45		<b>13.15</b>		
		<b>13.25</b>	800 m*	
POLE VAULT*		<b>13.30</b>		POLE VAULT*
	800 m*	<b>13.40</b>		
		<b>14.05</b>	400 m*	
	400 m*	<b>14.20</b>		
SHOT P. M70-M85 DISCUS M50-M55 LONG J. M35-M45		<b>14.30</b>		JAVELIN W55-W85
		<b>14.55</b>	200 m	
		<b>15.00</b>		HIGH JUMP
	200 m	<b>15.10</b>		
LONG J. M50-M85		<b>15.55</b>		
DISCUS M60-M65 JAVELIN M50-M55		<b>16.00</b>		SHOT PUT W35- W50
		<b>16.10</b>	1500 m*	
	1500 m*	<b>16.25</b>		
	300 m hurdles*	<b>16.55</b>	300 m hurdles*	
	400 m hurdles*	<b>17.20</b>	400 m hurdles*	
DISCUS M70-M85 JAVELIN M35-M45		<b>17.30</b>		SHOT PUT W55- W85
	5000 m*	<b>17.40</b>	5000 m*	

**\*Competitions valid for the Swiss Masters Championship**